

**SPRING/SUMMER
2023**

WEEK 1

WEEK COMMENCING

**20 February, 13 March,
3 April, 24 April, 15 May,
5 June, 26 June, 17 July,
7 August, 28 August**



Vegetarian meals are available upon request

MAIN MEAL

DESSERT

MONDAY

Cheese & tomato pizza **Milk Gluten**
roast new potatoes
carrot sticks & sweetcorn
OR
Jacket potato with baked beans,
cheese **Milk** or tuna mayo **Egg Fish**
& mixed salad



Fruit flapjack
Gluten



TUESDAY

Chicken fajitas **Gluten**
diced potatoes
crunchy vegetables
OR
Jacket potato with baked beans,
cheese **Milk** or tuna mayo **Egg Fish**
& mixed salad



Strawberry ice-cream
tub **Milk**



WEDNESDAY

Spaghetti Bolognese **Gluten Fish**
garlic bread **Milk Gluten Soya**
carrot & cucumber sticks
OR
Jacket potato with baked beans,
cheese **Milk** or tuna mayo **Egg Fish**
& mixed salad



Marble slice **Gluten**
& custard **Milk**

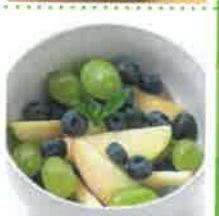


THURSDAY

Nottinghamshire sausages
Gluten Sulphur Dioxide
gravy, Yorkshire pudding **Milk Egg Gluten**
mashed potatoes, cabbage & carrots
OR
Jacket potato with baked beans,
cheese **Milk** or tuna mayo **Egg Fish**
& mixed salad



Fruit salad



FRIDAY

MSC fish fingers **Gluten Fish**
tomato ketchup, diced potatoes
garden peas & sweetcorn
OR
Jacket potato with baked beans,
cheese **Milk** or tuna mayo **Egg Fish**
& mixed salad



Ginger cookie **Gluten**



ALSO SERVED DAILY: Best of both bread **Gluten and Soya** Seasonal vegetables available daily Coleslaw **Egg** when served.

www.nottinghamshire.gov.uk/schoolmeals



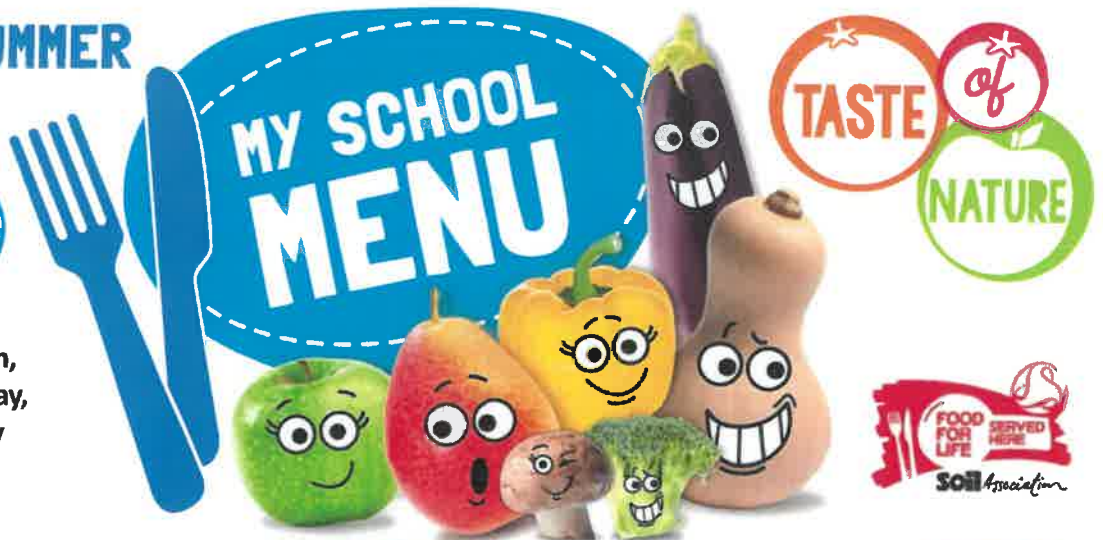
**Nottinghamshire
County Council**

**SPRING/SUMMER
2023**

WEEK 2

WEEK COMMENCING

**27 February, 20 March,
10 April, 1 May, 22 May,
12 June, 3 July, 24 July
14 August**



Vegetarian meals are available upon request

MAIN MEAL

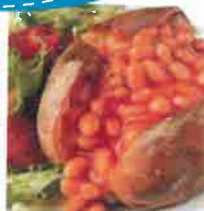
DESSERT

MONDAY

Vegetable mac 'n' cheese **Milk Gluten**
garlic bread **Milk Soya Gluten**
crunchy vegetables

OR

Jacket potato with baked beans,
cheese **Milk** or tuna mayo **Egg Fish**
& mixed salad



Chocolate mousse **Milk**
& apple wedge



TUESDAY

Beefburger in a bun
Egg Gluten Milk Soya Sesame

jacket wedges

carrot sticks & ranch salad **Egg**

OR

Jacket potato with baked beans,
cheese **Milk** or tuna mayo **Egg Fish**
& mixed salad



Jelly & fruit



WEDNESDAY

Cheese & tomato quiche **Gluten Milk Egg**

roast new potatoes

carrot sticks & coleslaw **Egg**

OR

Jacket potato with baked beans,
cheese **Milk** or tuna mayo **Egg Fish**
& mixed salad



Strawberry ice-cream
tub **Milk**



THURSDAY

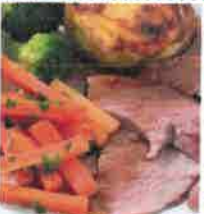
Roast gammon & gravy

roast new potatoes

sliced carrots & green cabbage

OR

Jacket potato with baked beans,
cheese **Milk** or tuna mayo **Egg Fish**
& mixed salad



Cornflake tart
Gluten Sulphur Dioxide
& mustard **Milk**



FRIDAY

MSC Fish cake **Gluten Milk Fish Mustard**

jacket wedges, garden peas & sweetcorn

tomato ketchup

OR

Jacket potato with baked beans,
cheese **Milk** or tuna mayo **Egg Fish**
& mixed salad



Chocolate brownie
Gluten



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SPRING/SUMMER
2023

WEEK 3

WEEK COMMENCING

6 March, 27 March,
17 April, 8 May, 29 May,
19 June, 10 July, 31 July
21 August



Vegetarian meals are available upon request

MAIN MEAL

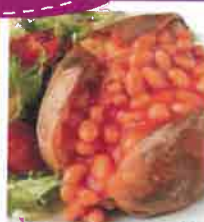
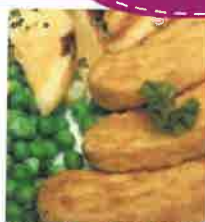
DESSERT

MONDAY

Quorn vegan dippers **Gluten**
roast new potatoes
sweetcorn & cucumber sticks

OR

Jacket potato with baked beans,
cheese **Milk** or tuna mayo **Egg Fish**
& mixed salad



Scone with
jam & cream

Gluten Sulphur Dioxide Milk



TUESDAY

Chilli beef with soft taco rice **Gluten Milk**
sweetcorn & cucumber sticks

OR

Jacket potato with baked beans,
cheese **Milk** or tuna mayo **Egg Fish**
& mixed salad



Chocolate & orange
cookie **Gluten**

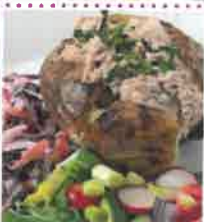


WEDNESDAY

Chicken pasta **Gluten**
garlic bread **Soya Gluten Milk**
carrot & cucumber sticks

OR

Jacket potato with baked beans,
cheese **Milk** or tuna mayo **Egg Fish**
& mixed salad



Strawberry slice **Gluten**
& pink custard
Milk Gluten



THURSDAY

Roast pork, stuffing **Gluten** & gravy
mashed potatoes & roast potatoes
carrots & green cabbage

OR

Jacket potato with baked beans,
cheese **Milk** or tuna mayo **Egg Fish**
& mixed salad



Butterscotch tart
Milk Gluten



FRIDAY

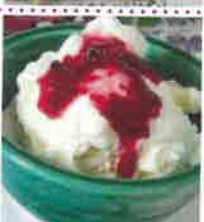
MSC fish fingers **Gluten Fish**
oven chips, garden peas & sweetcorn
tomato ketchup

OR

Jacket potato with baked beans,
cheese **Milk** or tuna mayo **Egg Fish**
& mixed salad



Frozen yoghurt **Milk**
& ice cream wafers
Gluten Soya



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